



Certificate of Training

This is to certify that

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Silke Kissenbeck

has completed the **Self-Compassion for Shame Teacher Training Practicum** with practicum teacher trainers,
Natalie Bell and David Fredrickson, from May 5 to June 9, 2025.

Silke is now authorized to teach the 8-week Self-Compassion for Shame program.



Elijah Zimmerman, CMSC Executive Director